

VIRGINIA YOUTH SURVEY 2017 Results



Results show that VA high schoolers continued to improve their health behaviors. They also identified areas of health concern.

Areas of Continued Improvement

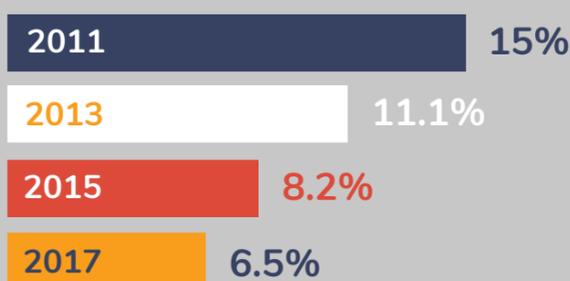
Tobacco Use



Current cigarette smoking and electronic vapor product use decreased.

Current cigarette use
(at least one during the last 30 days)

Current electronic vapor use
(at least 1 day during the last 30 days)



Soda and Water Consumption



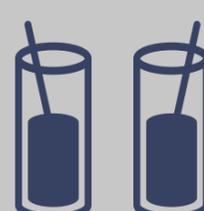
Soda consumption decreased and water consumption increased.



Did not drink a can, bottle, or glass of soda or pop
(during 7 days before survey)



66.5%

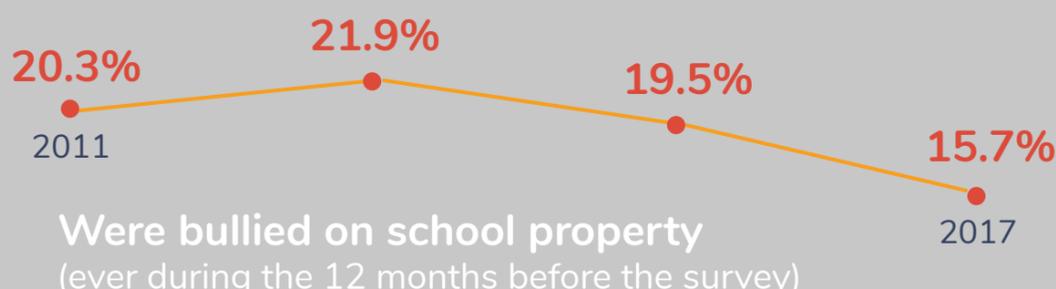


Drank a bottle or glass of plain water **two or more times per day**

Bullying



Bullying on school property decreased. Electronic bullying remained the same.



Were bullied on school property
(ever during the 12 months before the survey)

Areas of Concern

Mental, Social, and Emotional Health



Mental, social, and emotional health behaviors a concern, especially among females



The number of youth that felt sad or hopeless **increased** from 2011-2017 by **15.7%**

Felt sad or hopeless almost every day for two weeks in a row so that they stopped doing some usual activities



Seriously considered attempting suicide
(ever during the 12 months before the survey)



Females were more likely than males to report being bullied on school property and bullied electronically

